



# Opening Doors, Changing Lives

DIVISION OF MENTAL RETARDATION SERVICES

Vol. 6, No. 1

January / February 2002

## Hard Work Puts the Meals on the Wheels

*Taken from Williamson A.M.*

The sun has hardly risen over Fairview, and already James Bedwell is hard at work as a volunteer for the Mid-Cumberland Meals on Wheels program.

Before the morning is out, he will have welcomed site manager Debby Rainey to the Fairview Recreation Center, prepared the coolers for food, packed the hot lunches for elderly program participants, helped his fellow volunteers load the coolers into their cars, mopped the floors and cleaned the pots and pans.

Bedwell, who is also a participant in WAVES, Inc., a local program for developmentally and physically handicapped adults, is one of the Fairview site's volunteers.

"James is such a big help. By doing what he does, he's saved me an hour that I can use on paperwork or home visits," Rainey, said.

Bedwell came to work for Meals on Wheels two years ago when Rainey visited the WAVES program housed in the same building. Rainey asked if anyone wanted to help out. Several clients volunteered, but Bedwell is the one who stayed.

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**"James Bedwell is also  
one of the best  
administrative assistants."  
...Debby Rainey**

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After organizing the lunches, Bedwell places them in a large cooler for each driver to take on his or her route. Before sealing the cooler, he makes sure a "cold thing" - blue ice - was placed in each.

He also knows to be on the lookout for a hash mark written on the top of individual lunches that denote a diabetic menu.

For Rainey, Bedwell is also one of the best administrative assistants. He ushers each guest into her office with flair, always makes sure that she knows when the phone is ringing and puts each fax immediately on her desk.

He never forgets a face and greets every volunteer with a friendly, "I know them." He will also tag along with drivers delivering meals.

For more information about volunteer opportunities for the Fairview Meals on Wheels program, call Rainey at 799-0424.

### DMRS New Faces

We have some new faces in the Division of Mental Retardation Services Central Office:

#### Meet Kimberly Dean...

Kimberly is the new Staff Development Director and comes to the Central Office from the Middle TN Regional Office where she worked as a Regional Monitor and with Investigation Management.

She started her employment with the Central Office January 2, 2002. From West Virginia originally, Kimberly and her husband are now natives of Nashville. Her hobbies include reading and swimming. Kimberly's number is (615) 741-7275.

#### Meet Glen Grussaute...

Glen is the new Employment and Day Services Director and comes to us from New Mexico where he was the Director of a Provider Agency, Tresco, serving people with developmental disabilities.

He began employment with the State, November 16, 2001. Glen and his wife reside in Columbia and have six children. His beloved hobbies are music composition and playing golf. Glen's number is (615) 253-6857.

*cont. on back*

### E-Learning Forum Newsletter

Announcing the new E-Learning Forum newsletter from UT TIE/University of Tennessee. This newsletter is designed to keep you well informed about what is going on with the current trends in community rehabilitation and disabilities. This issue will focus on Leadership, E-Learning, Human Resources, Organizational Development, Team Building, and much more. We hope that you get involved with this new interactive communication/ system by sharing your ideas and thoughts on the Community Learning discussion board. E-learning newsletter brought to you by the Region IV CRP-RCEP (Rehabilitation Continuing Education Program for Community Rehabilitation Providers).

The intent is to assist you in building and sustaining superior performance within your organization by providing viewpoints, best practices, resources, and relevant information on topics that are important to you. Your feedback and comments are welcome. Thank you and enjoy!

The newsletter can be accessed using the following link:

<http://www.myceon.com/ttnews/learnforum/learnforumdec.html>



## Quote of the Day

**“And in the end,  
it's not the years  
in your life that  
count. It's the life  
in your years.”**

**- Abraham  
Lincoln**



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Division of  
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Services

Don Sundquist, Governor  
Dr. C. Warren Neel, Commissioner  
Finance and Administration  
Sandra Sturgis, Interim Deputy  
Commissioner, DMR Services

The Tennessee Department of Mental Health  
and Developmental Disabilities is committed  
to principles of equal opportunity, equal  
access, and affirmative action. Contact the  
department's EEO/AA Coordinator at (615)  
532-6580, the Title VI Coordinator at (615)  
532-6700 or the ADA Coordinator at (615)  
532-6700 for further information. Persons with  
hearing impairments call (615) 532-6612.



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## Welcome to New DMRS Employees

### Meet Carol Baunach...

Carol is that friendly, smiling, lady  
at the receptionist desk when you  
enter the Central Office DMRS at  
Cordell Hull Building. The starting  
date for her employment was February  
15, 2002.

She was born and grew up in  
Nashville but left for a career out of

state. She has been back in Nashville  
for three years and was a Travel Agent  
with Elite Travel Agency before  
coming to the State. Carol has one  
son and three stepdaughters. She  
loves to travel, cross-stitch, crochet,  
and spectator sports.

Carol's number is (615) 532-6530.

### WEB POSTINGS

<http://www.state.tn.us/mental2/setment/settle.htm>

Announcements, draft policies, final policies and information bulletins all appear on our Web  
site. Recent activities include:

### INFORMATION BULLETINS

BULLETIN NUMBER	BULLETIN SUBJECT	CONTACT PERSON	DATE ISSUED
02-01	Clarification of Nursing Related Services	Donna Allen	1/2/02
02-02	Hiring Standards	Donna Allen	2/1/02
02-03	Investigation Numbers	Dennis Beard	2/14/02
02-04	Transportation	Donna Allen	2/12/02
02-05	Re-Evaluation of Institution Level of Care	Donna Allen	2/20/02
02-06	ISP-SP's	Paula McHenry	2/12/02

## Central and Regional Information Specialists

PERSON	LOCATION	PHONE NUMBER	FAX NUMBER
Larry Grimes	Central Office-Nashville	(615)741-0376	(615)532-9940
Linda Rogers	Memphis Regional Office	(901)213-1829	(901)372-4719
Tricia Price	Nashville Regional Office	(615)231-5033	(615)231-5150
Fred Coe	Knoxville Regional Office	(865)588-0508 Ext.108	(865)594-5180

### Toll Free Lines For Complaints or Information, Call

Central Office-Nashville	1-800-535-9725
Memphis Regional Office	1-800-308-2586
Nashville Regional Office	1-800-654-4839
Knoxville Regional Office	1-888-310-4613

### Web Site

Division of Mental Retardation  
Services  
[http://www.state.tn.us/mental/  
mrs.html](http://www.state.tn.us/mental/mrs.html)

State of Tennessee  
Department of Finance and Administration  
Division of Mental Retardation Services  
Cordell Hull Building, 5th Floor, North  
425 Fifth Avenue, North  
Nashville, TN 37243